Fjord tour, kayak and blue ice trip on Folgefonna Glacier

Bergen-Rosendal-Møsevatn-Rosendal-Os-Bergen

Thank you for ordering the tour!

Please pick up your vouchers in our office one day before the tour – see map:
Bergen Base Camp
Holmedalsgården 3
NO-5003 Bergen
Tel.: +47 55 32 55 00

Opening Hours:
May - September 09.00 - 19.00
October - April 10.00 - 16.00

Day tour to Rosendal. Fjord cruise, kayak on the lake Møsevatn in front of the glacier and blue ice trip on Folgefonna Glacier.

The tour starts with a fjord cruise from Bergen to Rosendal. On the boat trip, you will be able to see the spectacular fjords Bjørnefjord and Hardangerfjord. You will also pass the archipelago outside Bergen.

Rosendal is beautifully situated by the Hardanger Fjord and between the mountains Skålafjell, Melderskin and Malmangernuten.

The kayak and glacier guides from Folgefonni Breførarlag will meet you by the boat and take you up in the mountain to the lake where the tour starts.

You paddle in stable double kayaks that fit well for beginners. There are also single kayaks available, if desired. The glacier trip at Folgefonna can be customized with demanding climbing for those who want that, or easier walking on the glacier, if you prefer that.

The tour requires that you are above 15 years and have a normal level of fitness, but does not require any previous kayaking experience.

The kayak tour is around 5 km (3.1 miles) and the Glacier Hike 2-5 km (1.2-3.1 miles)
Classification: blue, medium

The kayak and glacier guides from Folgefonni Breførarlag will meet you near the boat, outside the Tourist Office in Rosendal, Folgefonna Centre in the middle of Rosendal city centre - the building across the street from Rosendal Turisthotell. The tour starts as soon as the boat arrive Rosendal.

You will travel by minibus for about 40 minutes up in the mountain to the lake where the tour starts (850 masl).

The tour starts with kayaking on the glacier lake, dry suits is used to ensure safety, because the water is cold. If lucky, there are icebergs in the lake on our way from starting point to the Mosevass Glacier. This is a “young” glacier arm of Folgefonna; the glacier is about 5000 years old. The view of blue ice coming into the lake is powerful; no one can stop the ice on its way to the lake. We park the kayaks on a beach nearby the glacier, put on glacier equipment and are ready for a fairy-tale on blue ice. We go for a calm hike on the ice, sensing all elements or we do a real ice-climbing adventure, this depends on your wishes and the ice conditions. The ice is in constantly change and the route will depend on conditions.

The temperature is normally between 5 and 15 degrees Celsius (41-59 degrees Fahrenheit) on the glacier.
Duration app. 6-8 hours. The total paddle tour is about 5 km (3.1 miles); glacier hike 2-5 km (1.2-3.1 miles). Lunch will be served on the tour.

You return by boat to Os, and from there by public bus to Bergen.

The tour requires a normal level of fitness, but does not require any previous kayaking experience. The safety and well-being of participants is the top priority of your guides.

Start Bergen:

- Express Boat Bergen-Rosendal from Strandkaieterminalen, Bergen 08:50 Thursday or Friday. Meet 20 minutes before.

Return Bergen

- At 20.45 in the evening at the Bus Station in Bergen.

Season

- June 29 - September 15

Age

- Recommended age limit 15.

Included in the price

- Express boat Bergen-Rosendal and Rosendal-Os
- Bus from Os to Bergen.
- Guided Glacier Kayak tour.
- Kayak and glacier equipment.
- Lunch (2 x sandwiches, apple, chocolate and 1 litre water).

Kayak tour - clothes you should wear

- Wool underwear
- Fleece
- Gloves (bring extra for the glacier hike in case they get wet).
- Caps and warm hat.
- Sunglasses and sun lotion.

Bring to the glacier hike

- Warm/wind/water proof clothing
- Mountain boots
- Gloves.
- Warm hat.

All your clothing can be wet, please bring extra set of clothing so you can change after the trip if needed. You should also bring a towel. No warm shower is available.

The guide company provide all necessary kayaking equipment (including dry suit), and glacier equipment (crampons, harness, helmet, ice axe and ropes). They can also bring mountain boots for you; we then need your shoe size when booking the trip.
Itinerary (Thursday and Friday)

- 08.50-10.45 Express Boat Bergen-Rosendal from Strandkaiterminalen. Meet 20 min before departure
- 10.45-18.00 Guided Glacier Kayak tour
- 18.40-19.30 Express Boat Rosendal-Os
- 19.59-20.45 Bus 600 from Os to Bergen

Bergen:

The boat from Bergen to Rosendal departs from Strandkaiterminalen. Where you see the boat symbol.
Os:
The boat arrives near Peppes Pizza and you will find the bus near Esso (gas station).

The bus will take you to the Bus Station in Bergen.