

## THE SUNSET/SUNRISE HIKE TO TROLLTUNGA

Bergen-Odda-Trolltunga-Odda-Bergen

Thank you for ordering the tour!

Please pick up your vouchers in our office one day before the tour – see map:

Bergen Base Camp  
Holmedalsgården 3

NO-5003 Bergen  
Tel.: +47 55 32 55 00

### Opening Hours:

May - September 09.00 - 19.00

October - April 10.00 - 16.00

**With this booking you will get a 20% discount on other daytours/activities except glacier tours. Send us an e-mail or book at our office if you are interested in using your discount.**

Experience the sunset at Trolltunga, beautiful, intense, and magical. A unique nature experience, the view from Trolltunga, the Ringedalen lake, the sun disappearing down in the west, into orange painted clouds, down behind the Folgefonna glacier. It creates an incredible atmosphere.

And the next morning waking up, to a warming sun. And then having the Trolltunga almost for your self.

Trolltunga Active invites you to a tour including overnight stay in tent at Trolltunga.

The hike starts in Skjeggedal at 12.00 in Skjeggedal/ from 15th Sept the start is 10.00 from Skjeggedal, you'll follow the path by foot to Topp. From Topp up the mountain side to Gryteskar where we get a spectacular view towards the Folgefonna glacier. The trip continues towards Tyssebotn and Trolltunga.

The hike ends at Trolltunga. Here we prepare the tents, and make an evening outdoor dinner. Then if the weather is on our side, we prepare for the sunset.

But be aware that the west part of Norway is a rainy region, so not every evening will bring the sunset. But clouds and fog can also create special moments.

Plus some butterflies to your tummy.

### Practical information

Please bring normal hiking clothes/shoes and lunch.

Duration: 24 hours, starts at 12.00 from the parking in Skjeggedal.

Return ca 12.00-14.00 next day.

Total length 2x11 km, ascent 1000 m.

Price includes dinner, breakfast, tent, sleeping bag.

Price do NOT include lunches both days and snacks/water for the hike.

**Here is what to bring:****On your body:**

wool socks and woolen thermals.windjacket/pants recommended goretexrunning glovescap  
waterproof hiking boots.sunlasses and sunscreen

**A 40 liter backpack with:**

beanie/hat that covers your earswarm gloves/mittensdry wool socks1 set for change of  
clothes.Some extra warm cloths (mainly wool, this is because wool continues to keep you  
warm after you get wet)2 lunches1.5 liter water/drinksome snacks/chocolate

**Time table****Day 1**

0820-1115 Buss Bergen-Odda (Skyss) – (buss 820) be there 20 min. before

1115 Minibus Odda-Skjeggedal, pick up at the bus-stop in Odda.

1200 Guidet tour to Trolltunga

Dinner and overnight in tent at the summit

**Day 2**

Guidet tour from Trolltunga, arival minibus between 12.00 and 14.00

12-14 Minibuss Skjeggedal-Odda bus-station

1535 Departure Odda busstasjon (buss 760) - Skyss

1613 Arrival Årsnes kai (kvinnherad)

1640 Departure Årsnes kai (buss 740) - Skyss

1910 Arrival Bergen busstasjon O

or:

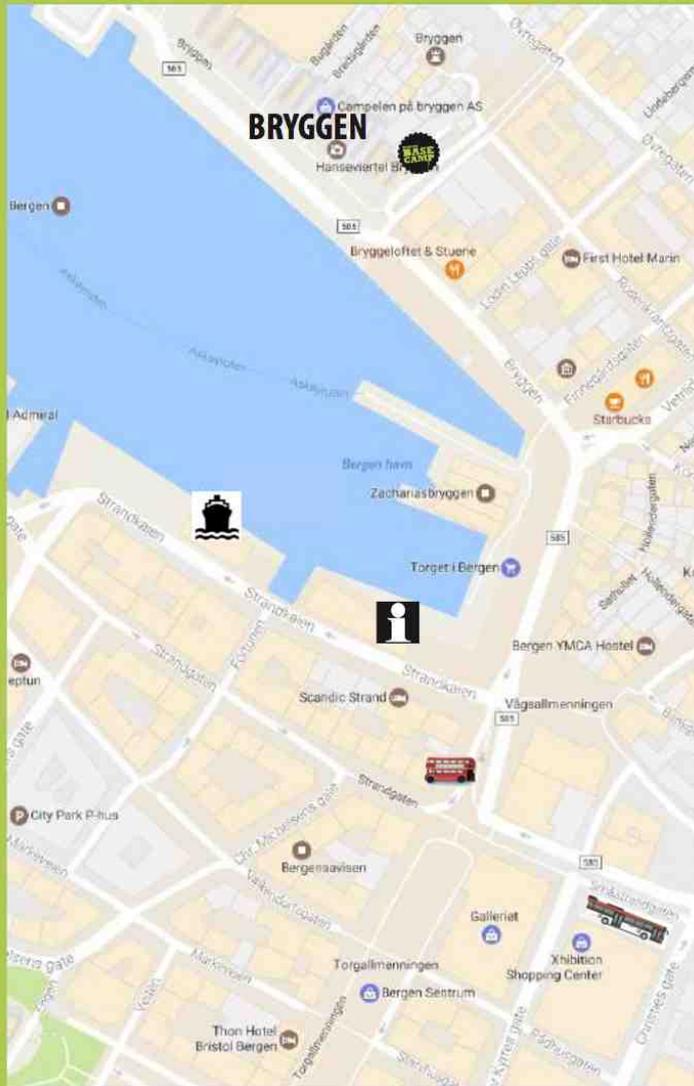
1710 Departure Odda busstasjon (buss 930) - Skyss

2005 Arrival Bergen busstasjon O

## Bergen:

The bus from Bergen to Odda departs from the Bus station, platform O. Not on this map.

We will give you a map when you arrive to pick up vouchers,



## Bergen Base Camp Office

Opening Hours:  
May - September  
09.00 - 19.00  
October - April  
10.00 - 16.00



## Tourist Information

Opening Hours:  
June-Aug:  
8:30 - 22:00  
May and Sept:  
9:00 - 20:00  
Rest of the year:  
Mon-Sat: 9:00 - 16:00



Boat service  
to Rosendal



Bus stop for  
Ulriken Bus



Bus stop for  
regular bus  
service to  
Mt Ulriken